

BAM Booster Club Board Meeting Minutes

Virtual Booster Club Board Meeting via Zoom (due to CoVid-19 restrictions)

Date: March 21, 2020

Attendees: Rod Stevens, Marilyn Gottlieb, April Cheadle, Jessica Dubey, Quynh Ahn Nguyen, Sara Tiff, and Sheila Andrews

Time: 9:00 – 9:30 am

Summary of Assignments:

Rod

By the end of the weekend, put together a “state of the team” newsletter to send out.
Talk to Martha about a shoulder clinic – probably late summer or fall

Jessica

Later in the week, have something to send out to team members with motivations, exercise links and resource links
Contact Stretch and Kate to get them to add to the communications we send out

Sara

Start a Bainbridge Aquatic masters Facebook page thread with a question

Sheila

Oversee finding a designer for the t-shirts

Everyone

Give Sheila feedback on the website
Communicate on a designer for the t-shirts

Coach’s Report – April

Referring to the Parks and Rec notice, staff are on hold and given other duties until the pool and activities return.

She and the doctors on the team, encourage everyone to maintain social distancing, and refrain from group activities.

The role of the Board will be more important than ever to keep the team motivated and engaged. She suggested keeping contact going with news, interaction and humor

Communication

Communication is more important than ever to keep teammates united and motivated. Jessica and Rod both plan to put together email messages with suggestions on resources and exercises, including podcasts and dryland workouts. Members especially love to hear from April and Jessica will encourage Stretch and Kate to also add messages to the team.

A Facebook page conversation was also suggested as a way to engage the team. April suggested starting with a question about how people started swimming, or what motivated them to come back to it.

T-shirts

It was agreed to use the “Swim now, breathe later” wording for the t-shirts. Sheila has agreed to be the point person for the project. We need to find a designer.

Website

Sheila has made some of the changes to the website and is comfortable with continuing. She would like members to check out the website and give her feedback.

Shoulder Clinic

Rod will talk to Martha Devereaux about scheduling this in summer or fall

Next Meeting: April 18, 2020 at 9 am